

# Martin's a 14 foot Sailor

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Senior programmer **Martin Pascal** and his brother Robin recently took delivery of a new International 14 class boat and have named it 'Raw Flesh'.

It replaces 'Flesh' their previous '14' and was changed because the rules for sailing International 14s were altered last year.

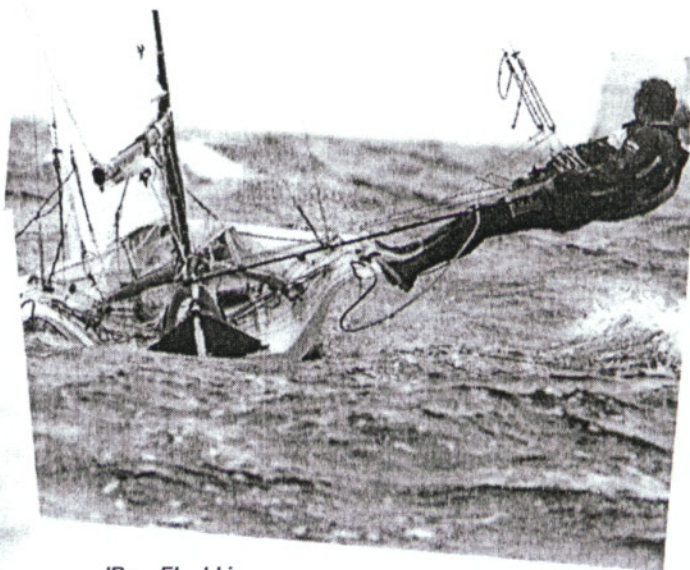
'Raw Flesh' arrived in June, a month late, and because of the atrocious weather the pair only managed to compete in two events. The first, on June 19, for the Royal Bermuda Cup, sailing on the Solent and coming 4th out of a field of 20. The next regatta was the National Championships at Beer in Devon on June 28 - July 5. Entrants were competing for two trophies - the Prince of Wales Cup for the National Championships and the Points Winner for the week. In the latter Martin and Robin finished 16th out of 70 competitors and in the Prince of Wales Cup they were lying 7th until the last lap, when they broke the centre board and were forced to retire.

Although they will be on the water every weekend up to Christmas, their next big race is not until the Autumn Trophy on October 18-19 at the Itchenor Sailing Club - Chichester Harbour.

*Martin and his brother  
Robin sailing against  
the wind.*



*Martin and Robin at Beer,  
Devon, sailing around the windward buoy,  
about to hoist the spinnaker.*



*'Raw Flesh' in  
all her glory*

November 1-2 sees the Frostbite Trophy being held again at Itchenor, with the boat being laid up January and February and back in the water for the Hamble Warming Pan Regatta in March 1998. Other plans for '98 include entering the Mount Bay Regatta in the spring and to try and participate in the World Championships being held in Melbourne at the end of '98/99.

Both brothers have been sailing since childhood and for the last six years at international level. Robin qualified as a reserve for the 470 sailing class at the 1988 Seoul Olympics.

Newsline wishes them a successful sailing season.

## Editor's Column

Although I have asked for your news, very little is coming in from Crawley or the service centres. I appreciate it is holiday time but keep sending in your news to me.

Beryl Hutchin, editor

## Staff Info



The staff Christmas lunch is scheduled for December 23 at the Posthouse Hotel, Horley, Surrey.

## Seminars

The Autumn seminars start off with two in September for the forms processing business arm of Systems Division:

September 17 - Stanford Gate, Brighton

September 24 - ROCC House, Rochdale

# Ron's Retirement

July 29 - and Ron Lines from the transport and general services department retired from the company after 23 years service. He is obviously going to continue his line of work, as his presents included a cordless drill, chisel, extension lead and a pack of drill bits. For his rest period he received a recliner chair and portable radio. From Linda Schooling and Sandra Taylor in finance he received a box containing one hook - a private joke between them and Ron.

*Ron at his presentation, flanked by Alan Gould and Keith Bankes.*

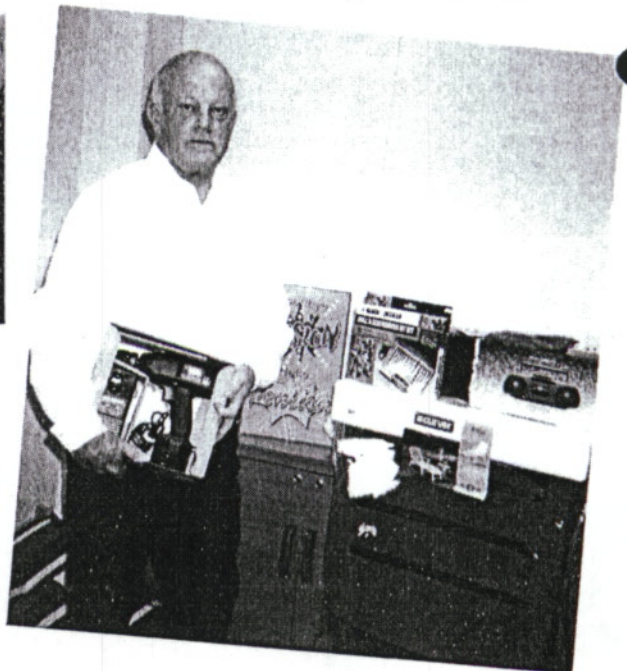


*Many friends and colleagues say farewell to Ron.*



## Maternal Gifts for Lesley

Support desk manager **Lesley Homer** left on August 8 to go on maternity leave. She is pictured above (centre right) after a presentation by business development manager **Luke Aldrich** of gifts from her colleagues at the Brighton offices. Presents for the baby, due on September 22, were a Big Activity Arch, a floppy bunny and a musical bear.



*Plenty to occupy Ron's time in his retirement, with tools, a recliner chair and a portable radio.*



## Long Serving

Crawley - August 8 and customer engineer **Peter Barton** who works out of the Manchester service centre was invited to Crawley to attend a 15-year long service presentation, pictured above.

For your information, ROCC's awards to employees who attain ten or more years with the company are:

- 10** - A 10ct gold pencil and ballpoint pen
- 15** - Engraved brass carriage clock
- 20** - A piece of cut glass
- 25** - London weekend and a silver gift
- 30** - One week holiday in UK or Europe

## Appointments

### SYSTEMS DIVISION

#### Brighton

**Karl Robinson** comes to us as a sales trainee from Crawley-based Eurobell where he worked as a GIS (geographical information systems) designer.



Academic qualifications: BA degree in marketing and French - Lancaster University.

Karl's recreational time is taken up with mountain biking, playing squash and tinkering with his 1983 Mini.

**Phil Martin** has come on board for one-year as an industrial placement student working in forms processing support group.

He will return to Brighton University next year to complete his degree in business studies.

Phil has recently become interested in becoming a disc jockey and is practising hard to perfect his technique. He plays basketball and football, cycles and swims when he can and enjoys socialising.



**John Turner** has joined as an analyst/programmer from occupational psychologists Saville and Holdsworth, where he was employed as a software engineer from 1995 to June 1997.

Prior to this appointment he was with Hughes Simulation (formerly Rediffusion) from 1990-1995 as a courseware designer.

Academic qualifications: BA in comparative literature and German - East Anglia University; MSc in artificial intelligence - Kingston University and PGCE in English and drama - London University.

John is married to Marie-Christine and they have three children - Rebecca who is nine, James seven and George three years old.

Recreation - time permitting - amateur dramatics, motor bikes and their restoration, playing five-a-side football, gym work and socialising.



**Paula Corbett** has joined us from Brighton-based Datapro Computers Ltd, having worked for them for three years as a software support executive.

Prior to this appointment she was with Brighton ITec from 1988 to 1994.

Academic qualifications: BA honours in English - Sussex University and Cert Ed (further education teaching qualification.)

Away from business, Paula enjoys reading, gardening and dressmaking. She is just finishing a course in Spanish which should see her being awarded a diploma.



Rebecca (Becky) Newland joins ROCC from Arden Grange International where she worked as a receptionist from February 1996 to August 1997, and prior to this post she was with EMI in London for three years, in the same position.



Academic qualifications: City and Guilds 716 in reception.

Becky lists her leisure activities as motor biking, camping, she is a religious aerobics fanatic, reads when she has time, mostly Stephen King novels, and loves looking after her cats, Saffi and Bear the kitten. She is also a member of the TA (Territorial Army).

She also told Newsline that she has just got engaged and is planning to get married in August next year.

### TECHNICAL SERVICES DIVISION

#### *Spare and Administration*

Pauline Sparkes has taken up her appointment with ROCC as a progress chaser after spending 10 years at A & M Hearing where she was an assistant buyer.

Pauline is married to Robin and they have two grown-up children, Paul and Jenny.

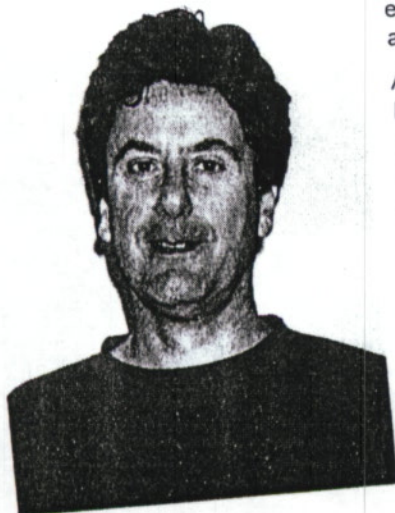
Her biggest interest is her family, followed by travelling, snorkelling, walking, painting in oils, reading and gardening.

Bryan Driffill joins as a repair engineer having worked at HBM - Burgess Hill as a design engineer and University of Brighton on a six-month contract as a senior research technician.

Prior to these jobs he was with Hughes Simulation (formerly Rediffusion) for 11 years working as an engineer in quality, test and commissioning.

Academic qualifications: HNC microprocessor systems - Brighton College of Technology and certificate in computer science from the then Brighton Polytechnic (University).

Bryan is a keen walker, likes learning new skills and is interested in studying the psychology of the young



## Health & Safety



### Manual Handling

Manual handling accidents account for 25% of all accidents reported to the Health and Safety Executive (HSE) each year.

Injuries sustained during lifting and handling operations do not wholly or exclusively involve injury to the back; they also include strain and sprain injuries to other parts of the body, injury to the feet and hands such as cuts, abrasions, bruising and fractures to fingers and toes. These injuries do not occur only to those engaged in heavy or frequent lifting activities, they happen to all sorts of people in all sorts of occupations.

#### *...worthy of attention*

ROCC has a relatively small number of accidents, 16 over the past 12 months, of which only one was reportable to the HSE. However, the percentage attributable to manual handling was 20% and this figure has not varied greatly since I started the analysis of accident reports in 1992. Manual handling would therefore appear to be a subject worthy of our attention at ROCC and not just in the workshop environment but also in the offices, when loading and unloading company cars and moving equipment on customers' premises and at exhibitions.

ROCC's Health and Safety Manual, sections 6.2 and 6.3 explains the company's policy on manual handling and also gives some useful information on safe lifting. There is a copy in your department so why not spare a few minutes reading these sections, it may save you from a lot of pain and inconvenience in the future.

Keep working safely.

**Phil Carr**  
occupational health and safety consultant

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